



CALLING OUT RACISM

SETTING BOUNDARIES, STAYING ON TRACK

You've changed, and that means your perception and relationships will change. As you grow in anti-racist allyship, setting boundaries with others will be important.

Be clear about what type language you will not tolerate.

If conversation turns to personal attacks, don't go along with it. Keep your part of the conversation focused and on message.

Identify and communicate when the time is right to talk (this includes your own state of being).

Create a resource packet for yourself. Having resources together in one place makes it easy to quickly share with others. This also encourages you to continue learning as you gather resources.

Remember, in person conversation is generally best. People respond better in person. But if you do converse on social media, offer the opportunity for the person to private message you. This opens the door for private dialogue, where the person may then feel less judged not conversing in front of hundreds of people, and may then be less defensive.